

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Important: All classes, events, and support groups require advanced registration. These events are free to CHCC patients.</p>	<p>Support Groups:</p> 	<p>Wellness Classes:</p> 	<p>Questions? Contact our social worker @ 609.303.4068 Please scan the QR codes to register.</p>		<p>1 Strength Class 11-11:45am In person Hopewell</p>	2
	3	<p>4 Gentle Yoga 6-7pm In-person Ewing AND Zoom</p>	<p>5 GYN Cancer Support Group 5:00-6:00pm Zoom</p>	<p>6 Gentle Yoga 5:00-6:00pm Zoom</p>	<p>7 Restorative Yoga 4:30-6:00pm- Zoom</p>	<p>8 Strength Class 11-11:45am In person Hopewell</p>
<p>10</p> 	<p>11 Gentle Yoga 6-7pm In-person Ewing AND Zoom</p>	<p>12 Living with Cancer Support Group 5:30-7:00pm In person at Hopewell & Zoom</p>	<p>13 Gentle Yoga 5:00-6:00pm Zoom</p>	14	<p>15 Strength Class 11-11:45am In person Hopewell</p>	16
17	<p>18 Gentle Yoga 6-7pm In-person Ewing AND Zoom</p>	<p>19 Breast Cancer Support Group 5:30pm - 7:00pm via Zoom</p>	<p>20 Gentle Yoga 5:00-6:00pm Zoom</p>	21	<p>22 Strength Class 11-11:45am In person Hopewell</p>	23
24		<p>26 Advanced Stage Cancer Support Group 5:00-6:00pm Zoom</p>	<p>27 Gentle Yoga 5:00-6:00pm Zoom</p>	28	29	30

Blue: Wellness Classes Purple: Support Groups